

SGA SERVICES TEXAS, LLC

Information on this list regarding any specific person, organization, service, or otherwise, does not constitute or imply its endorsement, recommendations by Sonya Gonzales, LCSW or SGA Services Texas, LLC. This list may not be a full list; there may be resources not identified.

RECOVERY RESOURCES

On-Line Resources

| | | |
|--|----------------|---|
| Adult Children of Alcoholics | 310-534-1815 | https://adultchildren.org/ |
| Al-Anon Family Groups | 888-425-2666 | https://al-anon.org/ |
| Alcoholics Anonymous | 212-870-3400 | https://www.aa.org/ |
| Cocaine Anonymous | 310-559-5833 | https://ca.org/ |
| Gambler's Anonymous | (909) 931-9056 | https://gamblersanonymous.org/ |
| Marijuana Anonymous | 1-800-766-6779 | https://marijuana-anonymous.org/ |
| Narcotics Anonymous | 818-773-9999 | https://na.org/ |
| Overeaters Anonymous (Food Addiction) | 505-891-2664 | https://oa.org/ |
| Sex & Love Addicts Anonymous (SLAA) | 210-828-7900 | https://slaafws.org/ |
| SMART Recovery | 440-951-5357 | https://smartrecovery.org/ |
| Women for Sobriety | 215-536-8026 | https://womenforsobriety.org/ |
| National Alliance Methadone Advocates | 858-363-8214 | https://www.methadone.org/ |
| National Institute of Health: National Inst. on Drug Abuse | | https://nida.nih.gov/ |
| Gay and Lesbian Support Ed Network | | https://www.glsen.org/ |
| Gay and Lesbians in Alcoholics Anonymous | | https://www.gal-aa.org/ |
| Gay and Sober | | https://www.gayandsober.org/ |
| Queer Treatment Resources | | https://nqttcn.com/en/community-resources-2/ |
| Rethinking Drinking | | https://rethinkingdrinking.niaaa.nih.gov/ |

Finding Treatment: Houston Outreach Screening Assessment and Referral (OSAR)

| | | | |
|---|----------------|---|------------------|
| Harris Center for Mental Health and IDD | 866-970-4770 | https://www.theharriscenter.org/ | Screen and refer |
| Council on Recovery | 713-942-4100 | https://www.theharriscenter.org/ | Screen and refer |
| Find Treatment | 1-800-662-4357 | https://findtreatment.gov/ | |
| Recovery and Recovery Support | | https://www.samhsa.gov/substance-use/recovery | |
| Veterans Admin Treatment Locator | | https://www.va.gov/directory/guide/SUD.asp | |
| Treatment for Adolescents | | https://drugfree.org/ | |

BIPOC Resources

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|---------------------------------------|--|---|
| Native American Rehabilitation Assoc | | https://www.naranorthwest.org/ |
| Therapy for Black Girls | | https://providers.therapyforblackgirls.com/ |
| Latinx Therapy | | https://latinxtherapy.com/ |
| Latinx Hispanic Resources | | https://www.safeproject.us/resource/latinx/ |
| Wel For Culture | | https://www.wellforculture.com/ |
| The Loveland Foundation | | https://thelovelandfoundation.org/ |
| LGBTQ Psychotherapist of Color | | https://www.lgbtqpsychotherapistsofcolor.com/ |
| We R Native | | https://inelda.org/our-resources/wernative/ |

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Treatment Facilities in the Houston Area

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|---------------------------------|--------------|--|
| Altura Recovery Center | 713-929-2886 | https://www.alturarecovery.com/ |
| American Addiction Centers | 866-821-3429 | https://americanaddictioncenters.org/ |
| Bay Area Recovery Center | 281-949-6905 | https://www.bayarearecovery.com/ |
| Behavioral Hospital of Bellaire | 713-589-9385 | https://bhbhospital.com/ |
| Cenikor | 888-236-4567 | https://www.cenikor.org/ |
| Center for Recovery & Wellness | 832-373-3050 | https://www.wellnessandrecovery.org/ |
| Cheyenne Center (Men only) | 800-662-4357 | https://cheyennecenter.com/ |
| Council on Recovery Houston | 713-942-4100 | https://www.councilonrecovery.org/ |
| Cypress Creek Hospital | 281-586-7600 | https://www.cypresscreekhospital.com/ |
| Harmony House | 713-221-6200 | https://harmonyhouse.org/ |
| Heights Treatment | 866-975-0594 | https://theheightstreatment.com/ |
| Houston Recovery Center | 713-236-7800 | https://houstonrecoverycenter.org/ Detox rather than jail |
| Into Action Recovery | 844-303-3969 | https://www.intoactionrecovery.com/ |
| Kemah Palm Recovery | 571-630-3366 | https://www.kemahpalms.com/ |
| La Hacienda Treatment Center | 844-786-4551 | https://www.lahacienda.com/ |
| Luna Recovery Services | 844-407-2859 | https://lunaintegrativecare.com/ |
| Menninger Clinic | 713-275-5400 | https://www.menningerclinic.org/ |
| Open Door Misson | 713-921-7520 | https://www.opendoorhouston.org/ |
| NOVA Recovery Center | 512-309-5748 | https://www.bayarearecovery.com/ |
| PaRC Discovery Beh Health | 832-713-7833 | https://parcbh.com/ |
| Pathway to Serenity | 713-631-0366 | https://www.pathwaytoserenity.org/ |
| Positive Recovery Center | 877-468-0826 | https://positiverecovery.com/ |
| Recenter | 832-649-6696 | https://recenterhouston.com/ |
| Taylor Recovery Center | 713-835-4771 | https://skywardtreatment.com/ |
| Taylor Recovery Drug & Rehab | 713-322-2290 | https://taylorrecovery.com/ |
| The Right Step Houston | 888-442-3028 | https://www.rightsteprehabhouston.com/ |
| Salvation Army | 713-752-0677 | https://salvationarmyhouston.org/ |
| Santa Maria Hostel (Women only) | 713.691.0900 | https://www.santamariahostel.org/ |
| Serenity Light Recovery | 281431-6700 | https://serenitylightrecovery.com/ |
| SOLACE Texas | 713-597-4456 | https://solacetexas.com/ |
| Star of HOPE | 713-748-0700 | https://www.sohmission.org/ |
| Symetria Recovery | 281-343-3654 | https://www.symetriarecovery.com/ |
| Unlimited Visions | 713-921-2276 | https://unlimitedvisions.org/ |
| Virtue Recovery Houston | 713-234-6254 | https://www.virtuerecoveryhouston.com/ |
| Way Out Women's Center | 713-645-9962 | https://wayoutcenter.com/ |
| West Oaks Hospital | 713-984-4566 | https://westoakshospital.com/ |
| Westbridge Recovery Center | 832-510-8305 | https://www.txwbrc.com/ |

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APPS to help Recovery process:

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|-------------------------------|---|
| 12 Step Companion AA Big Book | https://apps.apple.com/us/app/12-steps-companion-aa-big-book/id295775656 |
| HERE NOW | https://apps.apple.com/us/app/herenow-connect/id1515499109 |
| I am SOBER App | https://iamsobere.com/en/site/home |
| NOMO | https://apps.apple.com/us/app/nomo-sobriety-clocks/id566975787 |
| SMART Recovery | https://smartrecovery.org/smart-recovery-mobile-app |
| SOBER | https://apps.apple.com/us/app/sober/id863872931 |
| Sober Time | https://apps.apple.com/us/app/sober-time-sobriety-counter/id1158895079 |
| SoberTool | https://apps.apple.com/us/app/sober/id863872931 |
| Twenty-Four Hours a Day | https://apps.apple.com/us/app/twenty-four-hours-a-day/id389029534 |

Literature

| | |
|---------------------------|---|
| Opioid Addiction | https://eguideline.guidelinecentral.com/i/1536453-asam-opioid-use-disorder-patient-guide-2025/0? |
| Spanish - | https://eguideline.guidelinecentral.com/i/1302286-spanish-2023-asam-opioid-patient-guide/0? |
| Growing Up Drug Free | https://www.getsmartaboutdrugs.gov/sites/default/files/2024-08/GUDF_2024_FINAL_508.pdf |
| Facts on Fentanyl | https://www.cdc.gov/stop-overdose/media/pdfs/2024/05/CDC_Fentanyl-Fact-Sheet_General_508.pdf |
| Polysubstance Facts | https://www.cdc.gov/stop-overdose/media/images/polysubstance-use/pdf/Polysubstance-Use-Fact-Sheet_508.pdf |
| Treatment Recovery. | https://www.cdc.gov/overdose-prevention/media/pdfs/What-to-look-for-Treatment-and-Recovery-Fact-Sheet.pdf |
| Alcohol Effects on Health | https://www.niaaa.nih.gov/alcohols-effects-health/alcohols-effects-body |

Media

- The Whole Story** – Anderson Cooper on MAX – Season 3, Episode 7 – **Fentanyl In America: A Way Out**
- DopeSick** – Hulu Series – Based on true incidents, the story behind the OxyContin addiction and big Pharma
- 28 Days** – Movie about rehab
- A Star is Born** – Movie (3 versions) – musician and addiction
- Beautiful Boy** – Movie about son who is an addict and father's attempt to save him
- Ben is Back** – Movie about son who is addict and mother's attempt to save him
- Clean and Sober** - Movie about addiction and recovery
- Days of Wine and Roses** – Movie, 1962, addiction and codependency
- Drugstore Cowboy** – Movie about addiction
- Flight** – Movie about addiction, denial, relapse, etc.
- Gia** – Movie, heroin addiction and AIDS issues
- Leaving Las Vegas** – Movie about addiction, giving up
- Rachel Getting Married** – Movie, addiction and family issues
- Requiem for a Dream** – Movie, addiction issues and potential
- When a Man Loves a Woman** – Movie about female addict and the husband and family issues