

# VETERANS RESOURCES

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## Crisis Hotlines – Call or text 988

### Veterans Crisis Line

**Call:** Dial 988 then Press 1. **Text:** Send a text message to **838255**.

**Chat online:** Visit the Veterans Crisis Line [veteranscrisisline.net/](https://veteranscrisisline.net/) click the "Chat Now" button.

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### [Multiple Services Organizations](#)

**2-1-1 Resource Helpline** | [www.211.org](http://www.211.org) | Services: Resources for housing, crisis & emergency, food, health, veterans, jobs & support, etc. | Most helpful for more populated areas

**American Legion** | [www.legion.org](http://www.legion.org) | Services: Multiple services

**American Red Cross** | [www.redcross.org](http://www.redcross.org) | Services: Family Support

**America Serves** | [www.americaserves.org](http://www.americaserves.org) | Services: Coordinating networks of veteran service organizations | Currently NY, PA, NC, SC

**Care for Disabled Veterans** | [www.carefordisabledveterans.org](http://www.carefordisabledveterans.org)

**Caregiver Support** | [www.caregiversupport.org](http://www.caregiversupport.org) | Services: Resources for caregivers (self care, stress, emotions, health)

**Challenge America** | [www.challengeamerica.com](http://www.challengeamerica.com) | Services: Resource assistance

**F7 group** | [www.f7group.com](http://www.f7group.com) | Services: Multiple services | Female Veterans

**Fisher House** | [www.fisherhouse.org](http://www.fisherhouse.org) | Services: Lodging while receiving treatment or medical services

**Freedom Alliance** | [www.freedomalliance.org](http://www.freedomalliance.org) | Services: Multiple services

**Healing Heroes Network** | [www.healingheroes.org](http://www.healingheroes.org) | Services: Network of Medical professionals

**Helping A Hero** | [www.helpingahero.org](http://www.helpingahero.org) | Services: Multiple services

**Helping Hands For Freedom** | [www.helpinghandsforfreedom.org](http://www.helpinghandsforfreedom.org) | Services: Financial assistance for serious life needs 1x/year | Also has programming for gold star families

**Heroes Night Out** | [www.heroesnighout.org](http://www.heroesnighout.org) | Services: Resource assistance

**Hidden Heroes** | <https://hiddenheroes.org> | Services: Care giver assistance and resources

**Joint Services Support** | [www.jointservicessupport.org](http://www.jointservicessupport.org) | Services: Multiple services | Guard, Reserve

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**Leave No Veteran Behind** | [www.leavenoveteranbehind.org](http://www.leavenoveteranbehind.org) | Services: employment training, transitional jobs, and veteran educational debt relief scholarship

**Military One Source** | [www.militaryonesource.mil](http://www.militaryonesource.mil)

**Mission43** | [www.mission43.org](http://www.mission43.org) | Services: Education; Employment; Purpose; Connection | Post 9/11 veterans in Idaho

**Mission Continues** | <https://www.missioncontinues.org/> | Services: Assists veterans with getting involved in nonprofits around the country | 6-month fellowship placements

**National Association of American Veterans** | [www.naavets.org](http://www.naavets.org) | Services: VA claim, Financial resources, Caregiver Resources

**National Military Family Association** | [www.militaryfamily.org](http://www.militaryfamily.org) | Services: family care, scholarships, retreats, building veteran community

**Purple Hearts Homes** | [www.purplehearthomesusa.org](http://www.purplehearthomesusa.org) | Services: Home ownership assistance

**Rebuilding Together** | [www.rebuildingtogether.org](http://www.rebuildingtogether.org) | Services: Home ownership assistance

**Red Cross** | [www.redcross.org/find-help/military-families/veterans-services](http://www.redcross.org/find-help/military-families/veterans-services)

**ROVER (Regional Outreach Veterans Engagement Resources)** | [www.rover.vet](http://www.rover.vet) | Services: workforce development, adaptive sports, health & wellness, and advocacy | Regional chapters in TN, AL, SC, VA, TX & NV

**Soldier's Angels** | [www.soldiersangels.org](http://www.soldiersangels.org) | Services: Multiple services

**SPARTA** | <https://spartapride.org/>

**Stand Up For Veterans** | [www.standup4vets.org](http://www.standup4vets.org)

**Tragedy Assistance Program for Survivors (TAPS)** | [www.taps.org](http://www.taps.org) | Services: Compassionate care to all those grieving the loss of a military loved one | Nationwide

**Team Rubicon** | [www.teamrubiconusa.org](http://www.teamrubiconusa.org) | Services: Volunteer for disaster relief

**Transgender American Veteran's Association (TAVA)** | <https://www.transveteran.org/>

**The Headstrong Project** | <https://theheadstrongproject.org/> | Services: Free PTSD treatment to our veterans, service members, and family connected to their care.

**The Independence Fund** | [www.theindependencefund.org](http://www.theindependencefund.org) | Services: Mobility devices & caregiver assistance

**VA Caregiver Support** | <https://www.caregiver.va.gov/> | Services: VA caregiver support

**VA Watchdog** | [www.vawatchdog.org](http://www.vawatchdog.org) | Services: Provides information relating to VA issues and challenges

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**Veterans Aid** | [www.veteransaid.org](http://www.veteransaid.org) | Services: Provides information relating to VA issues and challenges

**Veterans Consortium Pro Bono** | [www.vetsprobonor.org](http://www.vetsprobonor.org) | Services: Provides pro bono legal representation in the Veterans Court of Appeals for claims

**Veterans First** | [www.vetsfirst.org](http://www.vetsfirst.org) | Services: Provides information relating to VA issues and challenges

**Veterans Link Up** | [www.veteranslinkup.org](http://www.veteranslinkup.org)

**Veterans Resource Centers of America** | [www.vetsresource.org](http://www.vetsresource.org) | Services: Housing assistance, Nutrition Services, Behavioral Health Treatment, etc. | CA, NV, AZ

**Veterans Service Records** | [www.archives.gov/veterans/](http://www.archives.gov/veterans/) | Services: Service record archive

**VFW** | [www.vfw.org](http://www.vfw.org) | Services: Assistance/Support

**Yellow Ribbon Reintegration Program** | [www.yellowribbon.mil](http://www.yellowribbon.mil) | Services: Resource assistance | Reservists/National Guard

**When War Comes Home Don't Retreat** | [www.whenwarcomeshomeretreats.com](http://www.whenwarcomeshomeretreats.com) | Services: Multiple services | Female Veterans

**Wounded Warrior Family Support** | [www.woundedwarriorsfamilysupport.org](http://www.woundedwarriorsfamilysupport.org)

**Wounded Warrior Project** | [www.woundedwarriorproject.org](http://www.woundedwarriorproject.org) | Services: Multiple services

## Counseling

**Give an Hour** | [www.giveanhour.org](http://www.giveanhour.org) | Services: Free counseling for military veterans, spouses, and families | Don't be afraid to shop around. These counselors volunteer their time.

**Marriage Management** | [www.marriagemanagement.org](http://www.marriagemanagement.org) | Services: Marriage retreats for military couples

**Military One Source** | [www.militaryonesource.mil](http://www.militaryonesource.mil) | Services: Counseling services and more

**Red Cross** | [www.redcross.org](http://www.redcross.org) | Services: counseling and other social service needs | Go to "getting assistance" and click "military families"

**Tragedy Assistance Program for Survivors (TAPS)** | [www.taps.org](http://www.taps.org) | Services: Compassionate care to all those grieving the loss of a military loved one | Nationwide

**The Soldier Project** | [www.thesoldiersproject.org](http://www.thesoldiersproject.org) | Services: Free counseling for active military, veterans, spouses, and families | CA, IL, NY, PA, TX, WA, WY

**Veteran's Crisis Hotline** | [www.veteranscrisisline.net](http://www.veteranscrisisline.net) | Services: Emergency crisis counseling | **800-273-8255**  
**\*Press 1**

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**Vets4Warriors** | [www.vets4warriors.com](http://www.vets4warriors.com) | Services: Peer support for Veterans and their families | **855-383-8255**

**War Within** | [www.warwithin.org](http://www.warwithin.org) | Services: Connects with primary and behavioral health care providers nationally

**Zoc Doc** | [www.zocdoc.com](http://www.zocdoc.com) | Services: Free service to locate and schedule doctor's appointments online

**Psychology Today** | <https://www.psychologytoday.com/> | Services: Website designed to help people find nearby therapist

## Holistic Healing

**Expedition Balance** | [www.expeditionbalance.org](http://www.expeditionbalance.org) | Services: Nutrition, contemplative practice, exercise and physical fitness, creative expression, recreation, volunteerism, etc.

**Hands For Heroes** | [www.handsforheroes.net](http://www.handsforheroes.net) | Services: Free bodywork (massages) for veterans | Nationwide. Go to "Search Providers" button at top right to find one near you.

**Healing Warriors Program** | [www.healingwarriorsprogram.org](http://www.healingwarriorsprogram.org) | Services: Healing Touch, Cranio-Sacral Therapy, Acupuncture | Ft. Collins, CO

**Holistic Veterans** | [www.holisticveterans.org](http://www.holisticveterans.org) | Services: Holistic programs and support services for veterans | Santa Cruz, CA & Costa Rica

**The Tapping Solution** | <https://www.thetappingsolution.com/> | Services: Stress relief

**Warrior Spirit Project** | [www.warriorspiritproject.org](http://www.warriorspiritproject.org) | Services: "Yoga, Dogs, & Dirt" - Yoga, Emotional support pit bulls, & gardening | Dallas, TX

## **Specific Conditional Organizations**

**After Deployment** | [www.afterdeployment.dcoe.mil](http://www.afterdeployment.dcoe.mil)

**American Veterans with TBI's** | [www.avbi.org](http://www.avbi.org) | Services: Support network and assistance for individuals with TBI's

**Artemis Recovery Program (The Invisible War)** | [http://www.notinvisible.org/recovery\\_program](http://www.notinvisible.org/recovery_program) | Services: 15 Day Retreat for Veterans | Survivors of Military Sexual Trauma

**B&Bs for Vets** | [www.betterwaytostay.com/bbs-for-vets/](http://www.betterwaytostay.com/bbs-for-vets/) | Services: Free B&B stay for Veterans on Veterans Day

**Blaze Sports** | [www.blazesports.org](http://www.blazesports.org) | Services: Recreation activities in the Georgia area | Physical disabilities and injuries; serves civilians too

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**Books4Charity** | [www.Books4Charity.org](http://www.Books4Charity.org) | Services: Lends free textbooks to veterans in school

**Build A Sign** | [www.buildasign.com/troops](http://www.buildasign.com/troops) | Services: Free Welcome home signs

**Catch a Lift Fund** | [www.catchaliftfund.com](http://www.catchaliftfund.com) | Services: Gym memberships for Veterans | Nation-wide

**Defense and Veterans Brain Injury Center** | [www.dvbic.dcoe.mil](http://www.dvbic.dcoe.mil)

**Defense Center for Psychological Health and TBI** | [www.dcoe.mil](http://www.dcoe.mil)

**Dreams for Veterans** | [www.dreamfoundation.org/veterans](http://www.dreamfoundation.org/veterans) | Services: Fulfilling end-of-life dreams for veterans with life-limiting illness

**Force Blue** | [www.forceblueteam.org](http://www.forceblueteam.org) | Services: Dive team coral restoration for SOF

**Green Beret Foundation** | [www.greenberetfoundation.org](http://www.greenberetfoundation.org) | Services: Assistance/Support | Special Forces

**Healing Heroes Network** | [www.healingheroes.org](http://www.healingheroes.org) | Services: Medical help, tablets

**Homes for Our Troops** | [www.hfotusa.org](http://www.hfotusa.org) | Services: Homes | VA Special adaptive housing grant eligible

**Honor House** | [www.thehonorhouse.org](http://www.thehonorhouse.org) | Services: Purple Heart recipient transitional support

**Mission43** | [www.mission43.org](http://www.mission43.org) | Services: Education; Employment; Purpose; Connection | Post 9/11 veterans in Idaho

**National Center for PTS** | [www.ptsd.va.gov](http://www.ptsd.va.gov)

**Operation Family Caregiver** | [www.operationfamilycaregiver.org](http://www.operationfamilycaregiver.org) | Services: Assistance and support for caregivers of returning service members

**Operation Game On** | [www.operationgameon.org](http://www.operationgameon.org) | Services: Golf trips for combat injured | Purple Heart Recipients

**Operation Reinvent** | [www.operationreinvent.org](http://www.operationreinvent.org) | Services: Female Veteran Specific

**Our Home Transitional** | [www.ourhometransitional.org](http://www.ourhometransitional.org) | Services: Female Veteran Specific

**Tents For Troops** | [www.tentsfortroops.org](http://www.tentsfortroops.org) | Services: Free campground fees for active duty military | Active-duty military

Wounded Warriors In Action | [www.woundedwarriorsinaction.org](http://www.woundedwarriorsinaction.org) | Services: Hunting | Purple Heart Recipients

## [Recreation and Trips](#)

**Armed Services YMCA** | [www.asymca.org](http://www.asymca.org) | Services: Virginia and a select few other locations

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**Battle Flag Ranch** | [www.battleflagranch.com](http://www.battleflagranch.com) | Services: Marriage Intensive Retreats | Mount Juliet, TN

**Birdies for the Brave** | [www.birdiesforthebrave.org](http://www.birdiesforthebrave.org) | Services: National Golfing Initiative for Veterans

**Blaze Sports** | [www.blazesports.org](http://www.blazesports.org) | Services: Recreation activities in the Georgia area | Physical disabilities and injuries; serves civilians too

**Boaters of America Say Thank You** | [www.boasty.org](http://www.boasty.org) | Services: A day of Boating

**Bravehearts Therapeutic Riding & Educational Center** | [www.braveheartsridding.org/veterans/veterans-programs](http://www.braveheartsridding.org/veterans/veterans-programs) | Services: Equine Therapy

**Camp Gratitude** | [www.campgratitude.org](http://www.campgratitude.org) | Services: Respite Trips for Military Families

**Challenge Aspen-CAMO program** | [www.challengeaspen.org](http://www.challengeaspen.org) | Services: Veteran's trips

**Colorado Outward Bound School** | [www.outwardbound.org](http://www.outwardbound.org) | Services: Veteran's trips

**Combat Wounded Veteran Challenge** | [www.combatwoundedveteranchallenge.org](http://www.combatwoundedveteranchallenge.org) | Services: Various Outdoor Expeditions

**Comprehensive list of Recreation Opportunities for Veterans** | [www.operationwearehere.com/VeteransFamiliesRecreationWoundedWarriors.html](http://www.operationwearehere.com/VeteransFamiliesRecreationWoundedWarriors.html)

**Cross D Bar Ranch** | [www.crossdbar.org](http://www.crossdbar.org) | Services: Fishing, Camping, Outdoor Recreation

**Crossroads Adaptive Athletic Alliance** | <http://crossroadsalliance.org/> | Services: Adaptive functional fitness/sports grants

**Crossroads Wounded Warrior Archery Foundation** | <http://cwwaf.com/> | Services: Archery clinics & equipment & community

**Expedition Balance** | [www.expeditionbalance.org](http://www.expeditionbalance.org) | Services: Holistic expeditions in TX

**Eagle Rock Camp** | [www.eaglerockcamp.org](http://www.eaglerockcamp.org) | Services: Veteran Family trips

**Fishers of Men** | [www.fishersomen.webs.com](http://www.fishersomen.webs.com) | Services: Chartered Ocean Trips | Ft. Lauderdale, FL

**Fishing For Freedom** | [www.fishingforfreedomquincy.org](http://www.fishingforfreedomquincy.org) | Services: Fishing | Quincy, IL

**Flyin' Heroes** | [www.flyinheroes.org](http://www.flyinheroes.org) | Services: Fly Fishing Program

**Freedom Hunters** | [www.freedomhunters.org](http://www.freedomhunters.org) | Services: Hunting |

**Freedom Isn't Free** | [www.freedomisntfreeveteranhunt.com](http://www.freedomisntfreeveteranhunt.com) | Services: Hunting

**Force Blue** | [www.forceblueteam.org](http://www.forceblueteam.org) | Services: Dive team coral restoration for SOF

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**Georgia Aquarium** | [www.georgiaaquarium.org/members-and-donors/donate/veterans.aspx](http://www.georgiaaquarium.org/members-and-donors/donate/veterans.aspx) | Services: Swimming and Scuba diving

**Healing Our Heroes Project** | [www.hohproject.org](http://www.hohproject.org) | Services: Respite Trips for Military Families

**Heroes on the Water** | [www.heroesonthewater.org](http://www.heroesonthewater.org) | Services: Kayak Fishing

**Higher Ground Sun Valley** | [www.highergroundsv.org](http://www.highergroundsv.org) | Services: Therapeutic Recreation Camps

**Hooves for Heroes** | [www.equest.org/hooves-for-heroes?pid=16](http://www.equest.org/hooves-for-heroes?pid=16) | Services: Equine Therapy

**Hope for the Warriors** | [www.hopeforthewarriors.org](http://www.hopeforthewarriors.org) | Services: Trips/activities, Family support, scholarships

**Horse Rhythm Foundation** | [www.horserhythm.org](http://www.horserhythm.org) | Services: Equine Therapy

**Horses 4 Heroes** | [www.horse4heroes.org](http://www.horse4heroes.org) | Services: Equine Therapy

**Hospitalized Veterans Writing Project** | [www.VeteransVoices.org](http://www.VeteransVoices.org) | Services: "Writing from the Soul - for the Soul" Publication | Anyone involved in inpatient or outpatient services through a VAMC can submit writing

**House in the Woods Military and Family Retreat** | [www.houseinthewoods.org](http://www.houseinthewoods.org) | Services: Respite Trips for Military Families

**Hunters Helping Soldiers** | [www.huntershelpingsoldiers.org](http://www.huntershelpingsoldiers.org) | Services: Hunting

**Leaps of Faith Adaptive** | [www.lofadaptiveskiers.org/military-veteran-program/](http://www.lofadaptiveskiers.org/military-veteran-program/) | Services: Water Skiing

**Lone Survivor Foundation** | [www.lonesurvivorfoundation.org](http://www.lonesurvivorfoundation.org) | Services: Retreats, education

**Montana Wilderness Association** | [www.wildmontana.org/blog/mwa-announces-2014-schedule-of-outdoor-excursions-for-veterans-and-their-fa](http://www.wildmontana.org/blog/mwa-announces-2014-schedule-of-outdoor-excursions-for-veterans-and-their-fa) | Services: Organized hikes and outings in the Montana wilderness

**National Veterans Healing and Wellness Center** | [www.veteranswellnessandhealing.org](http://www.veteranswellnessandhealing.org) | Services: Couple's Retreat

**Northeast Passage** | [www.nepassage.org/sports/military-veteran/](http://www.nepassage.org/sports/military-veteran/) | Services: Adaptive sports opportunities in the Northeast region | East Coast Community based

**Oasis Adaptive Sports** | [www.oasisadaptivesports.com/index.html](http://www.oasisadaptivesports.com/index.html) | Services: Multiple Adaptive Sport Opportunities

**Operation Amped** | [www.operationamped.com](http://www.operationamped.com) | Services: Surfing

**Operation At Ease** | [www.oaeamerica.org](http://www.oaeamerica.org) | Services: Respite Trips for Active Duty Military Families

**Operation Climb On** | [www.operationclimbon.org](http://www.operationclimbon.org) | Services: Climbing and Mountaineering trips

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**Operation Game On** | [www.operationgameon.org](http://www.operationgameon.org) | Services: Golf trips for combat injured | Purple Heart Recipients

**Operation Injured Soldiers** | [www.injuredsoldiers.org](http://www.injuredsoldiers.org) | Services: Multiple Recreation Opportunities

**Operation Jersey Shore Vacation** | [www.ojsv.org](http://www.ojsv.org) | Services: Respite Trips for Active Duty Military Families

**Operation Open Arms** | [www.operationopenarms.org](http://www.operationopenarms.org) | Services: Respite Trips for Active Duty Military Families and Single

**Operation Reinvent** | [www.operationreinvent.org](http://www.operationreinvent.org) | Services: Female Veteran Specific

**Operation Rest and Relaxation** | [www.usa.operationrandr.org/index.cfm](http://www.usa.operationrandr.org/index.cfm) | Services: Respite Trips for Active Duty Military

**Operation Second Chance** | [www.operationsecondchance.org](http://www.operationsecondchance.org) | Services: Trips for Vets/Couples

**Operation Vacation** | [www.operationvacation.org](http://www.operationvacation.org) | Services: Respite Trips for Active Duty Military Families

**Operation Welcome Homes** | [www.operationwelcomehomes.org](http://www.operationwelcomehomes.org) | Services: Respite Trips for Active Duty Military Families

**Outward Bound** | [www.outwardbound.org/veteran-adventures/outward-bound-for-veterans/](http://www.outwardbound.org/veteran-adventures/outward-bound-for-veterans/) | Services: Veteran's trips

**Paralyzed Veterans of America** | [www.pva.org](http://www.pva.org) | Services: Adaptive Sports and Counseling Services

**Patriot Hunts** | [www.patriothunts.org](http://www.patriothunts.org) | Services: Hunting

**Project Healing Waters** | [www.projecthealingwaters.org](http://www.projecthealingwaters.org) | Services: Veterans Fly Fishing programs | Nation-wide

**Project New Hope** | [www.projectnewhope.org](http://www.projectnewhope.org) | Services: Outreach and Service Opportunities for Veterans

**Project Sanctuary** | [www.projectsanctuary.us](http://www.projectsanctuary.us) | Services: Family Retreat

**Reel American Heroes** | [www.reelamericanheroes.org](http://www.reelamericanheroes.org) | Services: Fishing

**Renewal Coalition** | [www.renewalcoalition.org](http://www.renewalcoalition.org) | Services: Family Retreat in Florida

**Ride 2 Recovery** | [www.ride2recovery.com](http://www.ride2recovery.com) | Services: Veterans Cycling programs | Nation-wide

**Rivers of Recovery** | [www.riversofrecovery.org](http://www.riversofrecovery.org) | Services: Fly Fishing Program

**Rivers Way Therapeutic Fishing Center** | [www.riversway.org/therapeutic-fishing-center](http://www.riversway.org/therapeutic-fishing-center) | Services: Fishing

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**ROVER (Regional Outreach Veterans Engagement Resources)** | [www.rover.vet](http://www.rover.vet) | Services: workforce development, adaptive sports, health & wellness, and advocacy | Regional chapters in TN, AL, SC, VA (soon TX & NV)

**Samaritan's Purse-Operation Heal our Patriots** | [www.samaritanspurse.org](http://www.samaritanspurse.org) | Services: Couple's Retreat | Biblical Based

**Saratoga War Horse** | [www.saratogawarhorse.org](http://www.saratogawarhorse.org) | Services: Equine Therapy for Vets | Saratoga Springs, NY

**Semper Fidelis Health and Wellness** | [www.semperfidelishealthandwellness.org](http://www.semperfidelishealthandwellness.org) | Services: Various Recreation Opportunities

**Sierra Club Outdoors** | [www.content.sierraclub.org/outings/military](http://www.content.sierraclub.org/outings/military) | Services: Veteran's trips

**SMGA - the Salute Military Golf Association** | [www.smgga.org](http://www.smgga.org) | Services: Golfing opportunities for Veterans across east coast & HI | assistance for those not local too

**Soldiers to Summits** | [www.nobarrierssoldiers.org](http://www.nobarrierssoldiers.org) | Services: Outdoor Expeditions

**Sportsman Foundation for Military Families** | [www.huntforvets.com](http://www.huntforvets.com) | Services: Hunting

**Take A Soldier Fishing** | [www.takeasoldierfishing.org](http://www.takeasoldierfishing.org) | Services: Fishing

**Take Flight Farms** | [www.takeflightfarms.org](http://www.takeflightfarms.org) | Services: Equine Therapy | Omaha, NE

**Team River Runner** | [www.teamriverrunner.org](http://www.teamriverrunner.org) | Services: Kayaking

**Team RWB** | [www.teamrwb.org](http://www.teamrwb.org) | Services: physical and social activity integrated with civilians | Across the USA

**Telluride Adaptive Sports Program** | [www.tellurideadaptivesports.org](http://www.tellurideadaptivesports.org) | Services: Various Adaptive Sports

**The Independence Fund** | [www.theindependencefund.org](http://www.theindependencefund.org) | Services: Mobility devices & caregiver assistance |

**The Wounded Veterans Fishing Program** | [www.woundedvetsfishing.org](http://www.woundedvetsfishing.org) | Services: Fishing

**Total Outdoors** | [www.totaloutdoors.org](http://www.totaloutdoors.org) | Services: Angling and Environmental Stewardship for Families

**United States Welcome Home Foundation** | [www.uswelcomehome.org](http://www.uswelcomehome.org) | Services: Retreats, education |

**Veterans Adaptive Sports** | [www.veteransadaptivesports.org](http://www.veteransadaptivesports.org) | Services: Various Adaptive Sports and Recreation Opportunities

**Veterans Adventure** | [www.veteransadventure.org/VeteransAdventure.org/Home.html](http://www.veteransadventure.org/VeteransAdventure.org/Home.html) | Services: A Chapter of Team River Runner

**Veterans Affairs Adaptive Sports Program** | [www.va.gov/adaptivesports/](http://www.va.gov/adaptivesports/) | Services: nan

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**Veterans Affairs Recreation Therapy Program** | [www.va.gov/health/NewsFeatures/20110712a.asp](http://www.va.gov/health/NewsFeatures/20110712a.asp) | Services: Information on Recreation Therapy programs in the VA

**Veteran Bikes** | [vetbikes.org](http://vetbikes.org) | Services: Biking |

**Veterans Campground on Big Marine Lake** | [www.vetscampmn.org](http://www.vetscampmn.org) | Services: Camping and Fishing

**Veterans Expedition** | [www.vetexpeditions.com](http://www.vetexpeditions.com) | Services: Outdoor Expeditions

**Veterans Helping Veterans** | [www.englishriveroutfitters.org](http://www.englishriveroutfitters.org) | Services: Peer to Peer Veteran Trips

**Veterans Multi-Purpose Center** | [www.vetsmpc.org](http://www.vetsmpc.org) | Services: Equine Therapy

**Veterans Ocean Adventure** | [www.veteransoceanadventures.org](http://www.veteransoceanadventures.org) | Services: Veteran's trips

**Veteran Outdoors** | [www.veteran-outdoors.com](http://www.veteran-outdoors.com) | Services: Hunting |

**Warrior Beach Retreat** | [www.warriorbeachretreat.com](http://www.warriorbeachretreat.com) | Services: Couple's Retreat | Provide own transportation

**Warrior Institute** | [www.warriorinstitute.org](http://www.warriorinstitute.org) | Services: Various Recreation Opportunities

**Warriors and Quiet Waters** | [www.warriorsandquietwaters.org](http://www.warriorsandquietwaters.org) | Services: Fishing, Skiing and Equine therapy in Montana

**Warriors In Motion** | [www.adaptivesportsfoundation.org/programs/military-programs/](http://www.adaptivesportsfoundation.org/programs/military-programs/) | Services: Various Recreation Opportunities

**Warriors On Cataract** | [www.warriorsoncataract.org/wp/](http://www.warriorsoncataract.org/wp/) | Services: River Trips

**Wasatch Adaptive Sports** | [www.wasatchadaptivesports.org](http://www.wasatchadaptivesports.org) | Services: Skiing

**World Team Sports** | [www.worldteamsports.org](http://www.worldteamsports.org) | Services: Biking

**Wounded Heroes Hunting Camp** | [www.whhcamp.org](http://www.whhcamp.org) | Services: Hunting

**Wounded Warrior Family Support** | [www.woundedwarriorsfamilysupport.org](http://www.woundedwarriorsfamilysupport.org) | Services: Family trips

**Wounded Warrior Patrol** | [www.woundedwarriorpatrol.org](http://www.woundedwarriorpatrol.org) | Services: Snow Sports

**Wounded Warriors Guide Service** | [www.wwgsmn.org](http://www.wwgsmn.org) | Services: Hunting

**Wounded Warriors In Action** | [www.woundedwarriorsinaction.org](http://www.woundedwarriorsinaction.org) | Services: Hunting | Purple Heart Recipients

## [Retreats](#)

**Camp Brown Bear** | <https://www.campbrownbearusa.org/male-veteran-retreats>

# VETERANS RESOURCES

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**Higher Ground** | <https://highergroundusa.org/>

**Huts for Vets** | <https://hutsforvets.org/>

**Operation Red Wing** (Various locations) | <https://orwfoundation.org/>

**Operation Restored Warrior** (Virtual) | <https://operationrestoredwarrior.org/>

**Project New Hope** (May have to pay for your travel) | <https://www.projectnewhopema.org/>

**Road Home** (Chicago) | <https://roadhomeprogram.org/>

**Home Base** (Boston) | <https://homebase.org/>

**Warrior Week/Camp Southern Ground** (GA) | <https://campsouthernground.org/veteran-programs/warrior-week/>

**Warrior Pathh** | <https://bouldercrest.org/program/warrior-pathh/>

**Warriors Ascent** | <https://www.warriorsascent.org/>

**Project Sanctuary** (Couples/Families) Various locations | <https://projectsanctuary.us/>

**Waypoint Vets** | <https://waypointvets.org/>

**Gratitude America** | <https://gratitudeamerica.org/>

**H.O.O.V.E.S** (OH) | <https://equest.org/veterans-program/>

**Emory Healthcare** (Post 9/11) | <https://www.emoryhealthcare.org/centers-programs/veterans-program>

**Sacred Mountain** (SD) | <https://sacredmtnretreat.org/>

**Warrior Wellness** (FL) | <https://warriorwellnessprogram.org/>

**Operation Warrior Resolution** (FL) | <https://www.operationwarriorresolution.org/>

**Saratoga War Horse** | <https://www.saratogawarhorse.org/>

## [Military Kids](#)

**Free or Discounted summer camps** | [www.military.com/discounts/free-or-discounted-summer-camps-for-military-kids.html](http://www.military.com/discounts/free-or-discounted-summer-camps-for-military-kids.html)

**Military Child Education Coalition** | [www.militarychild.org](http://www.militarychild.org)

**Military One Click** | <http://militaryoneclick.com/25-programs-non-profits-for-military-kids/>

# VETERANS RESOURCES

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**Our Military Kids** | [www.ourmilitarykids.org](http://www.ourmilitarykids.org)

**Operation Military Kids** | [www.operationmilitarykids.org/](http://www.operationmilitarykids.org/)

**Summer Camp Information** | [www.militaryfamily.org/our-programs/operation-purple/traditional-camps/summer-programs-resource-list.html](http://www.militaryfamily.org/our-programs/operation-purple/traditional-camps/summer-programs-resource-list.html)

**Tragedy Assistance Program for Survivors (TAPS)** | [www.taps.org](http://www.taps.org)

**The Comfort Crew for Military Kids** | [www.comfortcrew.org](http://www.comfortcrew.org)

## [Service Dogs](#)

**Alpha K-9** | [www.alphak9.org](http://www.alphak9.org)

**Always Faithful Dogs** | [www.alwaysfaithfuldogs.org](http://www.alwaysfaithfuldogs.org)

**American Humane Association** | [www.americanhumane.org/interaction/programs/servicedogsforveterans](http://www.americanhumane.org/interaction/programs/servicedogsforveterans)

**America's Vet Dogs** | [www.vetdogs.org](http://www.vetdogs.org)

**Battle Buddies Service Dogs, INC** | [www.donatebattlebuddies.com](http://www.donatebattlebuddies.com)

**Canine Angels** | [www.canine-angels.net](http://www.canine-angels.net)

**Canine Battle Buddies** | [www.caninebattlebuddies.org](http://www.caninebattlebuddies.org)

**Canine Companions for Independence** | [www.cci.org/](http://www.cci.org/)

**Canines and Heroes for Independence** | [www.brigadoondogs.org](http://www.brigadoondogs.org)

**Canines for Veterans** | [www.caninesforservice.org](http://www.caninesforservice.org)

**Circle of Change** | [www.circle-of-change.org](http://www.circle-of-change.org)

**Companions for Heroes** | [www.companionsforheroes.org/](http://www.companionsforheroes.org/)

**Courageous Companions** | [www.asist.ca/CourageousCompanions.html](http://www.asist.ca/CourageousCompanions.html)

**Doggoneexpress** | [www.doggoneexpress.com/home.html](http://www.doggoneexpress.com/home.html)

**Dogs for Veterans** | [www.dogsforveterans.org](http://www.dogsforveterans.org)

**Dogs of Honor** | [www.dogsofhonor.us](http://www.dogsofhonor.us)

**Dogs 2 Vets** | [www.dogs2vets.com/index\\_3U28.php](http://www.dogs2vets.com/index_3U28.php)

**Dog Tags** | [www.puppiesbehindbars.com](http://www.puppiesbehindbars.com)

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**Fidelco Guide Dog Foundation** | [www.fidelco.org](http://www.fidelco.org)

**4 Paws for Ability** | [www.4pawsforability.org](http://www.4pawsforability.org)

**4 Paws for Patriots** | [www.4paws4patriots.org/](http://www.4paws4patriots.org/)

**4 Paws for Vets** | [www.4pawsforvets.org/](http://www.4pawsforvets.org/)

**Freedom Dogs** | [www.freedomdogs.org](http://www.freedomdogs.org)

**Freedom Service Dogs of America** | [www.freedom servicedogs.org](http://www.freedom servicedogs.org)

**Gabby Jack Ranch** | [www.gabbyjackranch.org/homefront-dogs/](http://www.gabbyjackranch.org/homefront-dogs/)

**G.I. DOGS** | [www.facebook.com/GIDOGS](http://www.facebook.com/GIDOGS)

**Guardian Angel Service Dogs** | [www.guardianangels servicedogs.org](http://www.guardianangels servicedogs.org)

**Guardian Angels Medical Service Dogs, Inc.** | [www.medical servicedogs.com](http://www.medical servicedogs.com)

**Halley's K9's for Veterans** | [www.k9forveterans.org](http://www.k9forveterans.org)

**Hawaii Fi-do Service Dogs** | [www.hawaiiifido.org](http://www.hawaiiifido.org)

**Hero Dogs** | [www.hero-dogs.org](http://www.hero-dogs.org)

**High Plains Service Dogs** | [www.hpsdtrc.org](http://www.hpsdtrc.org)

**Homer's Heroes** | [www.homersheroes.org](http://www.homersheroes.org)

**Hounds 2 Heroes** | [www.hounds2heroes.org](http://www.hounds2heroes.org)

**K9s Navigators** | [www.k9snavigators.com](http://www.k9snavigators.com)

**K9s for Warriors** | [www.k9sforwarriors.org](http://www.k9sforwarriors.org)

**NEADS Assistance Dogs** | [www.neads.org/services\\_new/military\\_dog.shtml](http://www.neads.org/services_new/military_dog.shtml)

**New Horizons Service Dogs** | [www.newhorizonsservicedogs.org](http://www.newhorizonsservicedogs.org)

**Operation Delta Dog** | [www.operationdeltadog.org](http://www.operationdeltadog.org)

**Operation Freedom Paws** | [www.operationfreedompaws.org](http://www.operationfreedompaws.org)

**Operation K9** | [www.operationk9.org](http://www.operationk9.org)

**Operation Wolfhound** | [www.lundr.com](http://www.lundr.com)

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**Patriot Paws Service Dogs** | [www.patriotpaws.org](http://www.patriotpaws.org)

**Patriot Rovers** | [www.patriotrovers.org](http://www.patriotrovers.org)

**PawPADS** | [www.pawpads.org](http://www.pawpads.org)

**Paws and Effect** | [www.paws-effect.org](http://www.paws-effect.org)

**Paws and Stripes** | [www.pawsandstripes.org](http://www.pawsandstripes.org)

**Paws assisting Veterans** | [www.paveusa.org](http://www.paveusa.org)

**Paws for Patriots** | [www.guidedogs.org](http://www.guidedogs.org)

**Paws for People Foundation** | [www.paws4people.org](http://www.paws4people.org)

**Paws for Purple Hearts** | [www.pawsforpurplehearts.org](http://www.pawsforpurplehearts.org)

**Paws for Troops** | [www.pawsfortroops.com](http://www.pawsfortroops.com)

**Paws for Veterans, Inc.** | [www.pawsforveterans.com](http://www.pawsforveterans.com)

**Paws 4 Liberty** | [www.paws4liberty.org](http://www.paws4liberty.org)

**Paws 4 Vets** | [www.paws4vets.org](http://www.paws4vets.org)

**Pawz 4 Wounded Vets** | [www.caninesupportteams.org/paws4vets](http://www.caninesupportteams.org/paws4vets)

**Penny's from Heaven Foundation** | [www.pennysfromheaven.com](http://www.pennysfromheaven.com)

**Pets for Patriots** | [www.petsforpatriots.org](http://www.petsforpatriots.org)

**Pets for Vets** | [www.pets-for-vets.com](http://www.pets-for-vets.com)

**Pets Healing Vets** | [www.petshealingvets.com](http://www.petshealingvets.com)

**Pets Loyal 2 Vets** | [www.petsloyal2vets.org/](http://www.petsloyal2vets.org/)

**ppaWWs** | [www.ppawws.org](http://www.ppawws.org)

**Project Heal** | [www.ecad1.org/default.htm](http://www.ecad1.org/default.htm)

**Puppy Jake Foundation** | [www.puppyjakefoundation.com/](http://www.puppyjakefoundation.com/)

**Semper Fido** | [www.semperfido.org](http://www.semperfido.org)

**Service Dog Express** | [www.servicedogexpress.com](http://www.servicedogexpress.com)

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**Service Dog Project, Inc.** | [www.servicedogproject.org](http://www.servicedogproject.org)

**Service Dog Registry** | [www.servicedogregistry.org](http://www.servicedogregistry.org)

**Service Pets for Service Vets** | [www.rsmf.org](http://www.rsmf.org)

**Shelter to Soldier** | [www.specialtydogtraining.com/shelter-to-shelter](http://www.specialtydogtraining.com/shelter-to-shelter)

**Shepherds for Lost Sheep, Inc.** | [www.shepherdsforlostsheepinc.org](http://www.shepherdsforlostsheepinc.org)

**Smoky Mountains Service Dogs** | [www.smokymountainservicedogs.org](http://www.smokymountainservicedogs.org)

**Soldier's Best Friend** | [www.soldiersbestfriend.org/](http://www.soldiersbestfriend.org/)

**Stiggy's Dogs** | [www.stiggysdogs.org/](http://www.stiggysdogs.org/)

**Susquehanna Service Dogs** | [www.keystonehumanservices.org](http://www.keystonehumanservices.org)

**TADSAW - Train a Dog, Save a Warrior** | [www.tadsaw.org](http://www.tadsaw.org)

**The Tower of Hope** | [www.thetowerofhope.org](http://www.thetowerofhope.org)

**The United States Service Dog Registry** | [www.usservicedogregistry.org/](http://www.usservicedogregistry.org/)

**This Able Veteran** | [www.thisableveteran.org](http://www.thisableveteran.org)

**U.S. Vets Adopt Pets** | [www.usvetsadoptpets.org/](http://www.usvetsadoptpets.org/)

**Vet Dogs** | [www.vetdogs.org](http://www.vetdogs.org)

**Veteran's Best Friend** | [www.veteransbestfriend.org](http://www.veteransbestfriend.org)

**Veterans Moving Forward** | [www.vetsfwd.org](http://www.vetsfwd.org)

**Veterans PetReach** | [www.veteranspetreach.org/](http://www.veteranspetreach.org/)

**Vets Adopt Pets** | [www.vetsadoptpets.org/](http://www.vetsadoptpets.org/)

**Vets 4 Vets** | [www.vets4vets.org/](http://www.vets4vets.org/)

**Vets Helping Heroes** | [www.vetshelpingheroes.org](http://www.vetshelpingheroes.org)

**Wags 4 Warriors** | [www.wags4warriors.org](http://www.wags4warriors.org)

**War Dogs Making it Home** | [www.wardogsmakingithome.org](http://www.wardogsmakingithome.org)

**Warrior Canine Connection** | [www.warriorcanineconnection.org/](http://www.warriorcanineconnection.org/)

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**Warrior Service Dogs** | [www.warriorservicedogs.org/](http://www.warriorservicedogs.org/)

## Entertainment

**Gameday For Heroes** | [www.gamedayforheroes.org](http://www.gamedayforheroes.org) | Services: Sporting tickets in various locations

**Vet Tix** | [www.vettix.org](http://www.vettix.org) | Services: Free tickets or with minimal cost |

## Airfare - Travel

**Air Compassion for Veterans** | [www.aircompassionforveterans.org](http://www.aircompassionforveterans.org) | Services: Travel for wounded Vets

**All Seas Travel** | [www.allseastravel.com](http://www.allseastravel.com) | Services: Military Discount

**Disney Cruise** | [www.disneycruise.go.com/special-offers/military-rates/](http://www.disneycruise.go.com/special-offers/military-rates/)

**Hero Miles** | [www.fisherhouse.org](http://www.fisherhouse.org) | Services: Travel for wounded Vets

**Luke's Wings** | [www.lukeswings.org](http://www.lukeswings.org) | Services: Travel for wounded Vets

**Veterans Airlift Command** | [www.veteransairlift.org](http://www.veteransairlift.org) | Services: Travel for wounded Vets

## Job - Business Opportunities

**Combat Veterans to Careers** | [www.combatveteranstocareers.org](http://www.combatveteranstocareers.org)

**Feds Hire Vets** | [www.fedshirevets.gov](http://www.fedshirevets.gov)

**Hire Heroes USA** | [www.hireheroesusa.org](http://www.hireheroesusa.org)

**Hire Veterans** | [www.hireveterans.com](http://www.hireveterans.com)

**ROVER (Regional Outreach Veterans Engagement Resources)** | [www.rover.vet](http://www.rover.vet) | Services: workforce development, adaptive sports, health & wellness, and advocacy | Regional chapters in TN, AL, SC, VA

**Small Business Association** | [www.sba.gov/content/veteran-service-disabled-veteran-owned](http://www.sba.gov/content/veteran-service-disabled-veteran-owned)

**VA Office of Small & Disadvantaged Business Utilization** | [www.va.gov/osbdu/entrepreneur](http://www.va.gov/osbdu/entrepreneur)

**VA Vocational Rehabilitation** | [www.benefits.va.gov/vocrehab/](http://www.benefits.va.gov/vocrehab/)

**Veterans Employment and Training Services** | [www.dol.gov/vets/](http://www.dol.gov/vets/)

**Veteran Affairs** | [www.va.gov/jobs/](http://www.va.gov/jobs/)

**Vet Central** | [www.vetcentral.us.jobs/vet\\_index.asp?styp=moc](http://www.vetcentral.us.jobs/vet_index.asp?styp=moc)

**VetBiz** | [www.vetbiz.gov](http://www.vetbiz.gov)

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**Vet To CEO - Veteran Entrepreneurship** | [vettoceo.org](http://vettoceo.org) | Services: Business skills for Vets

**Veteran Owned Business Directory and Application** | [www.veteranownedbusiness.com](http://www.veteranownedbusiness.com)

**Veterans Business Fund** | [www.veteranbusinessfund.org](http://www.veteranbusinessfund.org)

**VetJobs** | [www.vetjobs.com](http://www.vetjobs.com)

**Vwise - Women Veteran Entrepreneurship** | [www.vwise.org](http://www.vwise.org) or <http://whitman.syr.edu/vwise/> | Services: Women Vet business skills

**Worklife Institute** | [www.worklifeinstitute.org/](http://www.worklifeinstitute.org/) | Services: Career placement/transition and other work-related services | In Houston, TX

## Education

**Air Force Aid Society** | [www.afas.org](http://www.afas.org) | Services: Emergency Financial Aid, Education Grants | Air Force Only

**American Council on Education** | [www.acenet.edu/higher-education/topics/Pages/Supporting-Student-Veterans.aspx](http://www.acenet.edu/higher-education/topics/Pages/Supporting-Student-Veterans.aspx)

**Camo - Medical Outreach** | [www.camo.org](http://www.camo.org) | Services: Health Care Organization | Based out of California

**Carrick Brain Center** | [carrickbraincenters.com](http://carrickbraincenters.com) | Services: Rehabilitation & Treatment | Neuro-psyc treatment for TBI/PTSD using auditory, visual & sensory motor stimulation

**Coalition to Salute America's Heroes** | [www.saluteheroes.org](http://www.saluteheroes.org) | Services: Emergency Financial Aid

**Coast Guard Mutual Assistance** | [www.cgmahq.org](http://www.cgmahq.org) | Services: Interest Free Loans, financial planning | Coast Guard

**Folds of Honor** | [www.foldsofhonor.org](http://www.foldsofhonor.org)

**EBV National Program** | <http://ebv.vets.syr.edu/> | Services: Training in entrepreneurship and small business management

**GI Bill information and Directory** | [www.benefits.va.gov/gibill/](http://www.benefits.va.gov/gibill/)

**Help Our Wounded** | [www.helpourwounded.org](http://www.helpourwounded.org) | Services: phone cards, education, financial assistance

**Hope for the Warriors** | [www.hopeforthewarriors.org](http://www.hopeforthewarriors.org) | Services: Trips/activities, Family support, scholarships |

**Lone Survivor Foundation** | [www.lonesurvivorfoundation.org](http://www.lonesurvivorfoundation.org) | Services: Retreats, education

**National Military Family Association** | [www.militaryfamily.org](http://www.militaryfamily.org) | Services: Scholarships, Children's camp | Purple Heart

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**Ohio Military Injury Relief Fund** | [www.jfs.ohio.gov/veterans](http://www.jfs.ohio.gov/veterans) | Services: one time grant | Ohio Veterans

**Online degrees** | [www.onlinedegrees.org/veterans/](http://www.onlinedegrees.org/veterans/) info for veterans re: online education/degrees

**Project Veteran Aid** | [www.projectveteranaid.com](http://www.projectveteranaid.com) | Services: Assistance with VA benefits for aid and attendance

**Scholarship Directory for Veterans** | [www.scholarships.fastweb.com/a-veterans](http://www.scholarships.fastweb.com/a-veterans)

**Scholarship and Grant Directory for Veterans** | [www.acenet.edu/higher-education/topics/Pages/Supporting-Student-Veterans.aspx](http://www.acenet.edu/higher-education/topics/Pages/Supporting-Student-Veterans.aspx)

**State by state list of tuition waivers** | [www.ehow.com/info\\_8432972\\_states-offer-college-tuition-veterans.html](http://www.ehow.com/info_8432972_states-offer-college-tuition-veterans.html)

**State guide of tuition waivers** | [www.military.com/education/money-for-school/state-veteran-benefits.html](http://www.military.com/education/money-for-school/state-veteran-benefits.html)

**Thanks USA** | [www.thanksusa.org](http://www.thanksusa.org)

**The Moonlight Fund** | [www.moonlightfund.org](http://www.moonlightfund.org) | Services: Financial, Education | Burn Victims

**United States Welcome Home Foundation** | [www.uswelcomehome.org](http://www.uswelcomehome.org) | Services: Retreats, education

**Veterans Global Education Services** | [www.facebook.com/vges1](http://www.facebook.com/vges1)

**Yellow Ribbon Program** | [www.benefits.va.gov/gibill/yellow\\_ribbon.asp](http://www.benefits.va.gov/gibill/yellow_ribbon.asp) | Services: Listing of schools that give tuition waivers or discounts to Veterans

## [Homelessness](#)

**Compass Housing Alliance** | <http://www.compasshousingalliance.org/> | Services: Emergency Shelter, Transitional & Affordable Housing, Veterans Programs | Seattle/Puget Sound Region

**Imagine Housing** | [www.imaginehousing.org](http://www.imaginehousing.org) | Services: Emergency & Transitional Housing, Affordable Rental Housing, Affordable Ownership | King's County, Washington

**Operation Homefront** | [www.operationhomefront.org](http://www.operationhomefront.org) | Services: Relief, Resiliency, Recurring Support | Nationwide

**Operation Sacred Trust** | [www.411veterans.com](http://www.411veterans.com) | Services: Homeless assistance | South Florida

**Soldier On** | [www.wesoldieron.org](http://www.wesoldieron.org) | Services: Homeless Assistance | New York, Massachusetts, Pennsylvania, New Jersey, Mississippi

**Veteran Love** | [www.veteranlove.com](http://www.veteranlove.com) | Services: Homeless assistance | Miami, FL

**VA homeless program** | [www.va.gov/homeless/housing.asp](http://www.va.gov/homeless/housing.asp)

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**Wounded Warrior Homes** | <http://woundedwarriorhomes.org/> | Services: Homeless Assistance | Southern California; male veterans only

## [Financial Assistance-Support](#)

**Armed Forces Foundation** | [www.armedforcesfoundation.org](http://www.armedforcesfoundation.org) | Services: Family/financial assistance, Education | Vets must have been separated less than 18 months. Active duty

**Coalition to Salute America's Heroes** | [www.saluteheroes.org](http://www.saluteheroes.org) | Services: Emergency Financial Aid

**Coast Guard Mutual Assistance** | [www.cgmahq.org](http://www.cgmahq.org) | Services: Interest Free Loans, financial planning | Coast Guard

**Fallen Patriot Fund** | [www.fallenpatriotfund.org](http://www.fallenpatriotfund.org) | Services: financial assistance

**Help Our Wounded** | [www.helpourwounded.org](http://www.helpourwounded.org) | Services: phone cards, education, financial assistance

**Helping Hands For Freedom** | [www.helpinghandsforfreedom.org](http://www.helpinghandsforfreedom.org) | Services: Financial assistance for serious life needs 1x/year | Also has programming for gold star families

**Homes on the Home Front** | [www.homesonthefront.org](http://www.homesonthefront.org) | Services: Homes for Veterans | All over the US

**Impact A Hero** | [www.impactplayer.org](http://www.impactplayer.org) | Services: Financial assistance, track chairs | OEF/OIF

**Military Assistance Mission** | [www.azmam.org](http://www.azmam.org) | Services: Financial Assistance | Arizona Active, Veterans

**Military Warriors Support Foundation** | [www.militarywarriors.org](http://www.militarywarriors.org) | Services: homes, job assistance, financial planning

**National Veterans Service Fund** | [www.nvsf.org](http://www.nvsf.org) | Services: Financial assistance

**Navy-Marine Corps Relief Society** | [www.nmcrs.org](http://www.nmcrs.org) | Services: Financial Assistance, Loans, Disaster Aid | Marine and Sailors only

**Operation First Response** | [www.operationfirstresponse.org](http://www.operationfirstresponse.org) | Services: financial assistance, quilts, backpacks | Active duty and veteran

**Operation Homefront** | [www.operationhomefront.net](http://www.operationhomefront.net) | Services: Financial, Food, Repairs |

Operation Family Fund | [www.operationfamilyfund.org](http://www.operationfamilyfund.org) | Services: Financial assistance | OEF/OIF

**Operation Ward 57** | [www.operationward57.org](http://www.operationward57.org) | Services: Financial, other support

**PenDen Foundation** | [www.pentagonfoundation.org](http://www.pentagonfoundation.org) | Services: Financial Assistance, planning

**Rebuild Hope** | [www.rebuildhope.org](http://www.rebuildhope.org) | Services: Financial Assistance | OEF/OIF

# VETERANS RESOURCES

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**Reserve Aid** | [www.reserveaid.org](http://www.reserveaid.org) | Services: Financial assistance | Reservists/National Guard

**The Moonlight Fund** | [www.moonlightfund.org](http://www.moonlightfund.org) | Services: Financial, Education | Burn Victims

**USA Cares** | [www.usacares.org](http://www.usacares.org) | Services: Financial, job assistance

**VFW Foundation** | [www.vfwfoundation.org](http://www.vfwfoundation.org) | Services: financial assistance, support, phone cards

**VFW Un-Met Needs** | [www.unmetneeds.com](http://www.unmetneeds.com) | Services: Financial assistance

## Technology

**Beyond Military Sexual Trauma** | <https://apps.apple.com/us/app/beyond-mst/id1501805651> | Services: helps with MST

**BioZen app** | <https://play.google.com/store/apps/details?id=com.t2&hl=en> | Services: Uses body sensors (available separately) for biofeedback

**Breathe app** | <http://stopbreathethink.org/> | Services: Short guided meditations - suggestions based on mood or situation

**Breathe2Relax app** | <https://itunes.apple.com/us/app/breathe2relax/id425720246?mt=8> | Services: Breathing tool to assist with reducing stress reaction

**Concussion Coach app** | <https://itunes.apple.com/us/app/concussion-coach/id713590872?ls=1&mt=8> | Services: Concussion symptom tracking, management tools, and information

**iChill app** | <http://traumaresourceinstitute.com/ichill-3/> | Services: Simple tools to manage emotional highs and lows; focused on resilience

**LifeArmor app** | <https://play.google.com/store/apps/details?id=org.t2.adcompanion> | Services: Military-specific topics: sleep, depression, relationships, PTS, etc.

**Mindfulness Coach app** | <https://itunes.apple.com/us/app/mindfulness-coach/id804284729?mt=8> | Services: Tools and guided exercises to help learn and practice mindfulness

**Move! Coach app** | <https://itunes.apple.com/us/app/move!-coach/id878356988?mt=8> | Services: Education, tools, and guidance to help self-manage weight loss

**Moving Forward app** | <https://itunes.apple.com/us/app/moving-forward/id804300239?mt=8> | Services: On-the-go tools, problem solving skills, and resources for stress management

**my Bivy app** | <http://www.mybivy.org/> | Services: Sleep tracking app to interrupt nightmares and reduce sleep apnea

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**Pain Coach app** | <http://www.webmd.com/webmdpaincoachapp> | Services: Helps to monitor and track pain level, treatments, mood, and more

**Parenting2Go app** | <https://itunes.apple.com/us/app/parenting2go/id804311274?mt=8> | Services: Tools to help strengthen parenting skills and reconnect with children

**Positive Activity Jackpot app** | <https://play.google.com/store/apps/details?id=t2.paj&hl=en> | Services: Uses pleasant event scheduling to overcome depression and build resilience

**PTSD Coach app** | <https://itunes.apple.com/us/app/ptsd-coach/id430646302?mt=8> | Services: Educates about PTS and coping mechanisms for symptoms

**Smiling Mind app** | <http://smilingmind.com.au/> | Services: App to teach mindfulness & meditation one step at a time

**Stay Quit Coach app** | <https://itunes.apple.com/us/app/stay-quit-coach/id655892317?mt=8> | Services: Tools to control cravings and support resources for quitting smoking

**T2 Mood Tracker app** | <https://play.google.com/store/apps/details?id=com.t2.vas&hl=en> | Services: Used to monitor and track emotional health

**Tactical Breather app** | <https://play.google.com/store/apps/details?id=t2.tacticalBreather&hl=en> | Services: Gain control over physiological and psychological responses to stress

**Virtual Hope Box app** | <https://itunes.apple.com/us/app/virtual-hope-box/id825099621?mt=8> | Services: Simple tools to help with coping, relaxation, distraction, and positive thinking